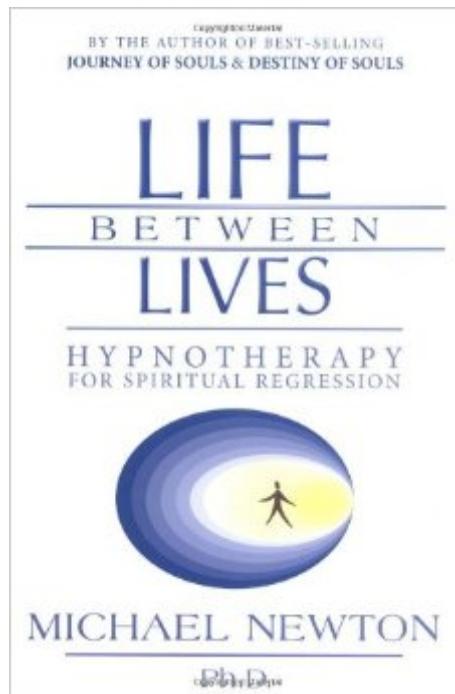


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# Life Between Lives: Hypnotherapy For Spiritual Regression



## **Synopsis**

Dr. Michael Newton is world-famous for his spiritual regression techniques that take hypnotic subjects back to their time in the spirit world. His two best-selling books of client case studies, Journey of Souls and Destiny of Souls, have left thousands of readers eager to discover their own afterlife adventures, their soul companions and guides, and their purpose in this lifetime. Now, for the first time in print, Dr. Newton reveals his step-by-step methods. His experiential approach to the spiritual realms sheds light on the age-old questions of who we are, where we came from, and why we are here. This groundbreaking guidebook, designed for both hypnosis professionals and the general public, completes the afterlife trilogy by Dr. Newton.

## **Book Information**

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## **Customer Reviews**

There is no disputing Michael Newton's expertise in the area of spiritual regression. All of his books have proved to be invaluable additions to the growing body of literature on the subject--this book among the rest. I do, however, think some caveats regarding Life Between Lives are in order. First of all, this book is not aimed at the general reader. Although it promises "new case material," there are only about four or five pages of new material. As stated in the Introduction, it is specifically intended for "experienced hypnotherapy professionals"--and, I might add, not just any experienced hypnotherapy professional, but particularly those familiar with past-life regression and possessed of a firm grasp of spirituality. What experienced hypnotherapists might expect from a book written expressly for them is more specific guidance on how to navigate through the Life Between Lives

(LBL) realm. It does provide guidance--the text is a remarkable outline of the different stations on the journey through the afterlife--but that guidance is often very sketchy. Do not expect to find a database of scripts providing detailed instructions on what to say to a client during a spiritual regression. Even a transcript of a complete series of sessions would be remarkably helpful in painting a picture of how LBL regressions should work. The book is more of a flow chart of possible pathways through the LBL realm, containing many good questions to help therapy clients expand their awareness of the afterlife and explore it thoroughly, but nevertheless leaving the reader with a vague sense of what a complete session should look like.

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